

# Pullman Public Schools

## Peanut and Tree Nut Free Snack List

**IMPORTANT: The below snacks are brand-specific. Please be certain that the brand you are purchasing matches the brand on the list.**

### **FRESH FRUITS & VEGETABLES**

- Organic or conventional

### **DRIED & CANNED FRUIT**

- Raisins - NOT yogurt covered (Sunmaid, Sunmaid Organic)
- Craisins (Ocean spray)
- Sunsweet Prunes (Sunsweet)
- Canned fruit - small individual containers (Del Monte)
- Applesauce-small individual containers (Mott's, Musselman's)
- Applesauce on the go: apple, apple cinnamon and apple strawberry, apple banana (GoGo squeeze, Motts)

### **CEREAL**

- Apple Zings (Malt-O-Meal)
- Autumn Wheat (Kashi)
- Berry Colossal Crunch (Malt-O-Meal)
- Chex: Corn, Rice, Wheat, Cinnamon, Blueberry, Vanilla (General Mills)
- Cinnamon Crunch (Cascadian Farms)
- Cinnamon Toast Crunch (General Mills)
- Alpha-Bits (Post)
- Cinnamon Toasters (Malt-O-Meal)
- Cheerios: chocolate, frosted, fruity, multi grain, regular (General Mills)
- Cocoa Roo's (Malt-O-Meal)
- Crispy Rice (Malt-O-Meal)
- Fruity Pebbles (Post)
- Fruity Dyno Bites (Malt-O-Meal)
- Graham Crunch (Cascadian Farms)
- Golden Crisps (Post)
- Golden Puffs (Malt-O-Meal)
- Honey Graham Toasters (Malt-O-Meal)
- Heart to Heart Cereal: Honey Toasted (Kashi)
- Honeycomb (Post)
- Honey Buzzers (Malt-O-Meal)
- Kix: Honey or Original (General Mills)
- Lucky Charms (General Mills)
- Marshmallow Matey's (Malt-O-Meal)
- Mini Wheats: Chocolate, Original and Strawberry (Kellogg's)
- Purely Os (Cascadian Farms)
- Shredded Wheat spoon size: Original (Post)
- Frosted Mini Spooners: Original and Strawberry Crème (Malt-O-Meal)
- Tootie Fruities (Malt-O-Meal)
- Trix (General Mills)

**STRING CHEESE** - Frigo and Sargento brands

### **YOGURTS**

- Yogurt Greek: Plain, Strawberry, Vanilla, Blueberry (Dannon)
- Yogurt Blends, Fruit on the Bottom, Yo Baby, YoTot, YoKids (Stoneyfield)
- Yogurt: 6 oz: Light and Fit (Dannon)
- Yogurt Tubes: Gogurt (Yoplait)
- Yogurt: Trix, Danimals (Dannon)

### **BOXED JUICES & DRINKS**

- Fruit/box drinks (Minute Maid Juice, Capri Sun, Hi-C, Kool-Aid Jammers; Honest Juice)
- Hot Chocolate: Nestle and Swiss Miss brands
- Orange juice (**NOT** Sunny D or Sunny Delight)
- Milk (regular and chocolate)
- Lemonade

### **CRACKERS**

- Barnum Animal Crackers
- Cheddar Bunnies: Organic, Sour Cream and Onion, White Cheddar, Whole Wheat (Annie's Homegrown)
- Cheez-it (Sunshine)
- Goldfish: Cheddar, Colors, Flavor Blasted Xtra Cheddar, Parmesan, Pizza, Pretzels, S'mores, Vanilla, Cupcake, Fudge, Brownie, Cookies & Cream, and Whole Grain Cheddar (Pepperidge Farm)
- Grahams Crackers: Honey, Cinnamon, Chocolate (Honey Maid)
- Handi Snacks: Breadsticks and Cheese and Crackers 'n Cheese Dip (Kraft)
- Nilla Wafers (Nabisco)
- Premium Saltine Crackers: Original (Nabisco)
- Ritz Cracker: Original, Whole Wheat (Nabisco)
- Teddy Grahams (cinnamon, choc chip, honey, choc)
- Town House Classic (Keebler)
- Triscuit Thin Crisps: Original (Nabisco)
- Wheat Thins: Original (Nabisco)
- Zesta Saltine Crackers: Original and Whole Wheat (Keebler)

### **CANDY**

- Andes Mints (Tootsie Roll)
- Blow Pops (Charms)
- Candy Canes (Spangler Candy, Bob's Red & White Mint Canes)
- Dots (Tootsie Roll)
- Double Bubble

- Dove Silky Smooth Promises (milk chocolate only)
- Dum Dum Pops (Spangler Candy)
- Hershey Kisses (milk chocolate only)
- Jolly Rancher Hard Candy (Hershey's)
- Junior Mints (Tootsie Roll)
- Laffy Taffy
- Lifesaver: Hard Candies (Wrigley)
- Life Saver Gummies (Wrigley)
- Marshmallows: Regular (Kraft)
- Mike and Ike
- Red Vines: Original Twists and Black Twists (American Licorice Co.)
- Skittles: Original (Wrigley)
- Smarties: Original and Smarties Love Hearts
- Sweet Tarts: Chewy, Gummies (Nestle)
- Starburst Fruit Chews: Original, FavReds and Tropical (Wrigley)
- Starburst Jelly Beans (Wrigley)
- Tootsie Pops (Tootsie Roll)
- Tootsie Roll: Midgee, Fruit, Fruities (Tootsie Roll)
- Twizzlers: Cherry and Strawberry Twists, Rainbow Twists, Cherry Peel and Pull, Cherry Bites (Hershey)

#### **FRUIT SNACKS**

- Fruit by the Foot (General Mills)
- Fruit Rollups (General Mills)
- Fruit Snacks (Motts)
- Gusher's (General Foods)
- Organic Bunny Fruit Snacks - Sunny Citrus, Berry Patch, Tropical Treat (Annie's Homegrown)

#### **POPCORN**

- Healthy Pop Popcorn: Kettle Corn, White and yellow kernels (Jolly Time)
- 100 Calorie Mini Bags: Butter (Act II)
- Natural and Butter Flavor (Newman's own)
- Popcorn (Act II, Best Choice, Pop Secret)
- Popcorn: Original, Sea Salt & Black Pepper, Ultra-Light, White Cheddar, Naturally Sweet (Skinny Pop)

#### **PUDDING & GELATIN**

- Handi Snack Pudding Cups: Regular and Sugar Free: Chocolate, Vanilla (Kraft)
- Snack Pack Pudding Cups/ Jello: Regular, Chocolate, Vanilla, Juicy Gels (Hunt's/ConAgra Foods)
- Gelatin Cups: Regular and Sugar-Free (Jello)

#### **CHIPS**

- Cheetos: Baked, Crunchy and Puffs (Frito Lay)
- Doritos: Cool Ranch and Nacho Cheese (Frito Lay)
- Fritos: Chili Cheese, Original and Scoops (Frito Lay)
- Mission Tortilla Chips: Rounds, Strips and Triangles (Mission)
- Pirate's Booty: White Cheddar (Pirate Brands)
- Potato Chips: Baked, Baked BBQ, BBQ, Cheddar and Sour Cream, Classic and Sour Cream and Onion (Frito Lay)
- Potato Chip (Kettle)
- Pretzels: Sticks, Mini, Snaps (Snyder's of Hanover)
- Pringles: Cheddar, Original, Snack Stack and Sour Cream and Onion & Sticks (Pringles)
- Pretzels: Rods, Tiny Twist, Cheddar, Sticks (Rold Gold)
- Ruffles: Baked, Original, Reduced Fat, Sour Cream and Cheddar and Sour Cream and Onion (Frito Lay)

- Sun Chips: Cheddar, French Onion, Garden Salsa and Original (Frito Lay)
- Tostito Tortilla Chips: Baked, Bite Size, Hint of Lime, Multigrain, Restaurant Style/Scoops (Frito Lay)
- Wavy Potato Chips: Original, Hickory BBQ and Ranch (Frito Lay)

#### **COOKIES**

- Animal Crackers (Keebler)
- Bunny Cookies: Cocoa and Vanilla (Annie's Homegrown)
- Bunny Grahams: Chocolate, Chocolate chip, Cinnamon, Honey (Annie's Homegrown)
- Chips Ahoy: Chewy, Original and Reduced Fat (Nabisco)
- Chocolate Chip Cookies & Chocolate Sandwich Cookies (Annie's Homegrown)
- Fudge Shoppe: Fudge Stripes (Keebler)
- Oreo: Original, Chocolate Cream, Golden, Chocolate Mint, Double-Stuff (Nabisco)
- Ginger Snaps (Nabisco)
- Lorna Doone (Nabisco)
- Newtons: Fig, Triple Berry, Blueberry (Nabisco)
- Rice Krispies Marshmallow Treat: Original (Kellogg)
- Scooby Doo Graham Cracker Sticks: Honey and Cinnamon (Keebler)
- Snackwell's: Crème Sandwich (Kraft)
- Teddy Grahams: Chocolate, Chocolate Chip, Cinnamon, and Honey (Nabisco)
- Vanilla Wafers: Mini, or Original (Keebler)

#### **ICE CREAM**

- Popsicles & Creamsicle (Popsicle)
- Welch's 100% Juice Ice Bars
- Minute Maid Juice Bars (Minute Maid)
- Fudgesicles (Fudgesicle)

#### **MISC. FOODS**

- Beef Jerky: Original (Jack's, Slim Jim)
- Mini Bagels: 100% Whole Wheat, Blueberry, Brown Sugar, Maple French Toast, Plain (Thomas)
- Popped Rice Snacks: Apple Cinnamon, BBQ, Cheddar Cheese, Ranch, Chocolate, Caramel, Sour Cream & Onion, Kettle Corn (Quaker)
- Salsa (Pace, Tostito's, Taco Bell, Amy's)
- Frosting: Pillsbury vanilla