

LUNCH MENU LINCOLN MIDDLE SCHOOL



APRIL



MON	TUE	WED	THU	FRI
<p>Spring is here! Go greens! Eating dark green vegetables like spinach, kale, and romaine lettuce super charges your diet with vitamins and minerals. Try for at 1 to 2 cups a week! You can grow your own from seed too!</p>				
<p>5 6 7 8 9</p> <p>SPRING BREAK NO MEALS SERVED</p>				
<p>12 Cheese Breadsticks + marinara sauce Fruit Milk</p>	<p>13 Chicken Nuggets Whole Grain Biscuit Fruit + Vegetable Milk</p>	<p>14 3 DAY MEAL KIT PICK UP PHS OR LMS 10:30 AM TO 12:30 PM</p>	<p>15 Turkey + Cheese Deli Sandwich Fruit + Vegetable Milk</p>	<p>16 Chicken Ranch Wrap Fruit + Vegetable Baked chips Milk</p>
<p>19 Pizza Pepperoni (beef) Stuffwich Fruit + Vegetable Milk</p>	<p>20 French Toast Sticks Egg Patty Fruit + vegetable Milk</p>	<p>21 3 DAY MEAL KIT PICK UP PHS OR LMS 10:30 AM TO 12:30 PM</p>	<p>22 Popcorn Chicken + Mashed potato bowl Fruit Whole Grain Tea roll Milk</p>	<p>23 Turkey Ham + Cheese Ripper Fruit + Vegetable Milk</p>
<p>26 Cheese or Turkey Pepperoni Pizza Fruit + Vegetable Milk</p>	<p>27 Cheeseburger Fruit + Vegetable Milk</p>	<p>28 3 DAY MEAL KIT PICK UP PHS OR LMS 10:30 AM TO 12:30 PM</p>	<p>29 Twirly Curly pasta bake Fruit + vegetable Milk</p>	<p>30 COOK'S CHOICE</p>

Pullman School District is sponsoring the USDA Summer Food Service Program through the end of school year. This program provides free meals (breakfast and lunch) for all kids 1 to 18 qualification not required to participate. Please visit www.pullmanschools.org for updates.

Meals are subject to change based on availability.

Please contact Jessie Campbell at jcampbell@psd267.org with questions or meal modification for special dietary requirements. No pork products are on the menu this month.

