

Wellness Committee Meeting Minutes – 10.9.19

3:30pm in PHS Community Room

PRESENT: Allison Munch-Rotolo, Meg Gollnick, Jessica Perone, Bob Maxwell, Jim Bruce, Shannon Focht, Joe Thornton

➤ **SCRATCH COOKING**

Status: Program is continually being refined. More staff are buying meals.

Suggestions: Add another “Taste of Washington” Day. Advertise for it ahead of time; put together a map of locations of food; there are a lot of resources and food in general for this day.

Action: USDA has Scratch Cooking grants and Meg will help look for detailed information on these.

Comments: Sheba has put so much work into the school’s food this year, great job.

➤ **SNACK POLICY**

Suggestions: It would be helpful to have Michelle Hyatt share the snack policy with staff annually. Identify ways we are sharing this information with new staff also.

➤ **SNACK PANTRY**

Status: The pantry is helping all kids. SES food pantry will be starting soon.

Suggestion: Snacks in pantry should align with Snack Policy.

Proposal: To purchase a commercial fridge for to store produce. Recommended keeping it in an unused classroom or Pioneer Center long term.

Action: Bob will find a long-term place to keep it if a JES classroom can’t be used or is eventually converted back to a classroom.

➤ **CLASSROOM SANITIZING ITEMS**

Status: Currently no wipes or sanitizers in classrooms.

Suggestions: Some staff are wanting to have sanitizer and wipes in their classrooms. Michelle Hyatt recommends not using sanitizer or sanitizing wipes.

Action: The Wellness Committee made an official recommendation to not use sanitizer or sanitizing wipes in the classroom and instead use hand soap supplied by the district.

➤ **AIR FRESHENERS**

Status: Air fresheners are not allowed in classrooms due to chemicals and air availability.

Action: Joe will send an email reminder to all staff regarding this.

➤ **BIKING/WALKING TO AND FROM SCHOOL**

Status: Seeing increased biking and walking to school this year.

Status: Bike paths are included as part of the new design for Lincoln Middle School.

➤ **PARTNERSHIP WITH WSU BARLEY LAB**

Status: Meg shared there is potential to work with the WSU Barley Lab in providing whole grain breads in schools. It would be part of a grant to measure amount given and waste to gauge how much is consumed. WSU would provide the whole grain bread and whole grain flour for us to use and it would be kid-friendly. The schools would need to follow the research procedure and weigh the waste. Sheba and Meg have discussed it but nothing is final yet.

Suggestion: For this to succeed we would need staff buy-in.

➤ **COMMITTEE MEMBERS**

Suggestion: A PE rep is needed at future meetings.

Action: Members will begin recruiting for this.

ADJOURN